

Spirituality of the Heart in an Australian Lay Context

### **Advent Calendar**



Introduction to Advent Calendar. (Follow The Star)



Get Moving. (Week of Hope) (Heart for Self)



Create an Advent Wreath. (Week of Hope) (Reflective Heart)



Read Michael Fallon's entire <u>homily</u>. (Week of Hope) (Heart for God)



Donate to the <u>Vinnie's Christmas Appeal</u>. (Week of Hope) (Heart for Justice)



Register to become a <u>citizen scientist</u>. (Week of Hope) (Heart for Creation)



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Read 'A Heart for Creation at Christmas'. (Week of Hope) (Heart for Learning)



Read Michael Fallon's entire <u>homily</u>. (Week of Peace) (Heart for God)



Sign the <u>Uluru Statement Canvas</u>. (Week of Peace) (Heart for Justice)



Get in Touch. (Week of Hope) (Heart for Others)



Meditate. (Week of Peace) (Heart for Self)



Pray Peace into Someone's Life. (Week of Peace) (Reflective Heart)



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Do Some Stargazing. (Week of Peace) (Heart for Creation)



Resolve a Conflict. (Week of Peace) (Heart for Others)



Treat Yourself! (Week of Love) (Heart for Self)



Read the Pope's <u>Message</u>. (Week of Peace) (Heart for Learning)



Read Michael Fallon's entire <u>homily</u>. (Week of Love) (Heart for God)



Make a Meal for Someone. (Week of Love) (Heart for Justice)



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Offer a Prayer of Gratitude. (Week of Love) (Reflective Heart)



Visit gambay.com.au to get started. (Week of Love) (Heart for Learning)



Read Michael Fallon's entire <u>homily</u>. (Week of Joy) (Heart for God)



Plant a Tree. (Week of Love) (Heart for Creation)



Visit a Family Member. (Week of Love) (Heart for Others)



Have Some Fun! (Week of Joy) (Heart for Self)



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Send a Christmas Card. (Week of Joy) (Heart for Justice)



Play in Nature. (Week of Joy) (Heart for Creation)



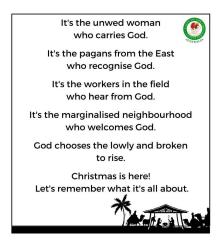
Write a Thank You Note. (Week of Joy) (Heart for Others)



Create a Nativity Scene. (Week of Joy) (Reflective Heart)



Learn to Sign Merry Christmas. (Week of Joy) (Heart for Learning)



Merry Christmas!



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With deep respect and love, we acknowledge the Aboriginal and Torres Strait Islander people (the traditional custodians of this land) and their Elders - past, present, and emerging.

We support the *Uluru Statement From The Heart* and recognise the importance of ensuring First Nations people have a voice in Australia.



We commit to a "greater love for our Creator, each other, and the home we share". (Laudato Si 14).

We live in the Spirituality of the Heart and are called to love and care for Creation.