



FROM THE HEART

NEWS FROM THE LAITY OF THE CHEVALIER FAMILY AUSTRALIA

February 2023

In This Issue

Welcome
Australia Day
Australian Council Retreat
First Friday Reflection
Heart of Life 2023 Programs
Liturgy Notes
Community Contribution
'From the Heart' Spotted
Did You Know?
Save The Date
Heartworks 2023
LCFA Calendar 2023
Contact Us

Greetings

February 2023 already! How the years seem to pass more rapidly (must be an age-related phenomenon).

I am again delighted to introduce the latest *From the Heart*. Clare and Aidan do an excellent job in collecting items and presenting them.

The latest *First Friday* item from the *International Council* reminds us of the importance of being effective stewards of the Earth. In the busyness of our life, it is often easy to forget that small things we do in caring for the environment lead to bigger changes; we each can make a difference.

During the recent *Australian Council* retreat, *From the Heart* was spotted on the noticeboard at the Kensington OLSH convent. There may be somewhere you would like to put a copy. Maybe in your school or parish.

Did you know that all the items published on social media by our communications team can also be viewed on the LCFA website? Check out "Did You Know" and take a tour!!

Take care and with every blessing,

Fred Stubenrauch

(Chair, Australian Council of the Laity of the Chevalier Family)

Share 'From The Heart'

- Download [From The Heart \(February 2023\)](#) or read it [online](#).
- Join the mailing list by contacting aus.lcf@gmail.com.

Australia Day

The Australian Council for the Laity of the Chevalier Family acknowledges that we all want to celebrate this unique country and that a date change would allow everyone to celebrate.



Australian Council Retreat

"One Heart Spirituality, Many Paths"

20-22 January 2023

Kensington, NSW

The retreat began on Friday with a beautiful reflection by Sandy Abbey with a presentation on Cuskelly's view of *Spirituality of the Heart*. The Australian Council of the Laity of the Chevalier Family (ACLCF) were encouraged to reflect on "How do you experience the living Christ in the everyday moments of life?"

On Saturday, Michael Fallon led an insightful reflection on Christology and spirituality in St Paul's writings. The ACLCF also heard how *Spirituality of the Heart* is articulated in our OLSH and MSC schools, parishes, and social media, where the good news about *Spirituality of the Heart* is being lived out. Therese Poulton offered a heart-warming closing reflection.

Sunday was spent in Eucharist and planning for 2023, followed by a superb reflection by Kerrie Wehbe to end the retreat.

The ACLCF thank the Missionaries of the Sacred Heart and Daughters of Our Lady of the Sacred Heart at the Sacred Heart Monastery and Kensington OLSH Convent for their hospitality. It was fantastic to connect with the communities and see *Spirituality of the Heart* being lived by the professed and the lay.

2023




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"Spirituality" is never worked out coolly and calmly at a desk...Personal experience is a decisive factor - what a [person] lives - so that a central intuition and a lived experience take hold of [their] mind and heart, transforming [their] life. - EJ Cuskelly -




2023



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I have been crucified with Christ; It is Christ who lives in me, The life I now live in the flesh I live by the faith of the Son of God Loving me Giving himself for me.

- Galatians 2:19-20 -



2023




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To be on Earth the Heart of God...
... in Schools
... in Parishes
... on Social Media
... and Online




2023



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'Follow me and I will make you fishers of people.'

- Matthew 4:19 -



2023



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The Australian Council strives to realise Jules Chevalier's vision for the lives of the Chevalier laity. Its evangelising mission is to support and encourage formation in the Spirituality of the Heart.



First Friday Reflection

The *International Chevalier Family* publishes a First Friday reflection to support individuals and groups to focus communally on an area of spiritual formation. It aims to raise awareness, inspire prayer, and give a social justice action related to the monthly topic. The initiative is jointly supported by the *International Laity of the Chevalier Family*, the *Daughters of Our Lady of the Sacred Heart*, the *Missionaries of the Sacred Heart*, and the *Missionary Sisters of the Most Sacred Heart of Jesus*.

RESPONSE TO THE CRY OF THE EARTH

FEBRUARY 2023

m SC

Praised be You, my Lord, through Sister Mother Earth, who sustains us and governs us and who produces varied fruits with colored flowers and herbs.

- *Canticle of St. Francis*

Pay attention to healthy soil and avoid the use of chemical herbicides and insecticides while producing our own food. Promote bio-diversity.

AWARENESS **PRAYER** **ACTION**

Twelve First Friday Steps towards the Laudato Si Goals

image: https://www.actionaid.org.uk/sites/default/files/styles/open_graph/public/2022-04/R262675.jpg

Download the [First Friday Reflection \(February 2023\)](#).

Australian Reflection

Why not check for contaminants in your home and garden? “Through global citizen science collaborations, 360 Dust Analysis informs the community about the potentially harmful metals and other contaminants in and around their home. We hope to help the community better understand their environment through a hands-on approach to science. Through this program, participants are exposed to real-world scientific questions and contribute to ground-breaking research while taking away useful information to live in healthier environments.” Visit the [360 Dust Analysis](#) website for details.

Have you considered a veggie garden or potted herbs? Fresh produce tastes better, saves money, helps improve the environment, and boosts air quality (and maybe even your mood)!

Can you provide homes for bees, lizards, birds, and other native fauna? Insect hotels, bird baths, rocks and logs are all simple ways to promote biodiversity.

Heart of Life 2023 Programs

- *Damascus Spiritual Leaders Program/Graduate Certificate in Divinity* (in-person or online)
One year, part-time
- *Let the Heart Listen Program* (in-person or online)
15 x Thursdays, 23 Feb - 15 Jun, 9:30 am - 12:30 pm
- *Heart 4 Life - Lunchtime Peer Group Support Program* (in-person or online)
9 x First Wednesday of the month, Mar-Nov, 1:00 pm - 2:00 pm
- *Religious Experience* (in-person or online)
14 x Mondays, 13 Feb - 5 Jun, 9:00 am - 10:45 am
- *Discernment* (in-person or online)
14 x Mondays, 13 Feb - 5 Jun, 9:00 am - 10:45 am.
- *The Nature of Human Experience and the Human Experience of the Divine* (in-person or online)
14 x Mondays, 13 Feb - 5 Jun, 11:00 am - 12:45 pm
- *Spirituality of Human Life Stages A* (in-person or online)
14 x Mondays, 13 Feb - 5 Jun, 11:00 am - 12:45 pm
- *Spirituality of Human Life Stages B* (in-person or online)
14 x Wednesdays, 15 Feb - 31 May, 9:00 am - 10:45 am
- *Grace and Conversion* (in-person or online)
14 x Thursdays, 16 Feb - 1 Jun, 9:00 am - 10:45 am

Read the [Heart of Life eNews](#) for details.

Liturgical Resources

Claude Mostowik MSC compiles weekly *Liturgy Notes*, including mass parts, reflections, and inspirational quotes, that are useful for parishes, schools, and lay groups looking for a *Spirituality of the Heart* outlook on the Sunday liturgy and other important dates.

Michael Fallon MSC has *Homilies* for Sundays, feasts, and special occasions. Plus, a whole lot more. These might be helpful for priests or lay people running masses or liturgies or for personal reflection.

Visit the [Liturgical Resources](#) page on the LCFA website to download.



The screenshot shows the website for the Laity of the Chevalier Family Australia. The header includes the organization's name and tagline, along with a navigation menu. The main content area is titled 'Liturgical Resources' and features a section for 'Advent And Christmas' with three resource cards: 'A Heart For Creation At Christmas' Reflection, Sustainable Christmas Inspirations, and Advent Calendar 2022. Below this is a 'Homilies' section with a 'VISIT' button, and a 'Liturgy Notes' section with a list of recent notes for January and February 2023.

Community Contribution

Kerrie Wehbe returns with a second *Community Contribution* reflecting on the International Day of Education (24 January) and the International Day of Commemoration in Memory of the Holocaust (27 January).

[Read online](#) or [download](#).

Visit the *Laity of the Chevalier Family Australia* website for other [Formation Resources](#). More content is coming soon!

(PS. Sorry to Kerrie for misspelling her surname in the last edition!)



COMMUNITY CONTRIBUTION

Kerrie Wehbe
OLSH College Staff Former

International Day of Education (24 January)


This year's United Nations International Day of Education reminds us of the transformation that is needed in the world to realize everyone's fundamental right to education in order to build a more sustainable, inclusive, and peaceful future. The COVID-19 pandemic-related school closures worldwide and the ineffectiveness of remote learning have meant, according to a new report by the World Bank, UNESCO and UNICEF, that in low and middle income countries, the number of children living in 'learning poverty' being unable to read and understand a simple text by age 10, already 53% before the pandemic, could potentially reach 70%.

Education, as Fr Chevalier believed wholeheartedly, is a human right and a common good which helps cure the ills of society because it can unlock the great-given potential in every person to contribute to collective well-being and our shared home. He writes, in the 1971 MSC Constitution:

“Our Society accepts responsibility for young people who are to be initiated into Christian living. It considers this work to be one of its principal aims, for the well-being of society, both civil and ecclesial, hinges especially on the Christian education of youth.”

Let us pray with gratitude for our wonderful OLSH (and MSC) history in education ministers of all types, where so many of the OLSH (and MSC) have worked and lived their mission of love, being enriched by the cultures of those they have ministered to and the people from these cultures who have joined the Congregation. And may we continue to pray for all the OLSH (and MSC) teachers of today, committed men and women who are standing on the shoulders of the ones who have gone before them to assist those young people in their care to be Heart people: faith-filled, recovering relationships, pursuing excellence and teaching the hearts of others.

Community Contribution - Kerrie Wehbe



FROM THE HEART
NEWS FROM THE LAITY OF THE CHEVALIER FAMILY AUSTRALIA

FROM THE HEART
NEWS FROM THE LAITY OF THE CHEVALIER FAMILY AUSTRALIA
January 2023

Look what we found in the OLSH Convent Kensington!
How do you spread the Chevalier Family news?

‘From The Heart’ Spotted!

The Australian Council for the Laity of the Chevalier Family was excited to spot this on the noticeboard at the OLSH Convent Kensington!

How do you share *From The Heart* with your parish, school, community, family, and friends?

- Forward the email?
- Send the web link?
- Display on the noticeboard?
- Print hard copies?

Tell us how you help the ACLCF reach more of the *Laity of the Chevalier Family Australia* at aus.lcf@gmail.com.

Did You Know?

The Laity of the Chevalier Family website allows you to view social media posts (like these) without having a social media account.

Visit the [Social Media](#) page to view. A similar page has been created for the [International Laity of the Chevalier Family](#).

Don't miss out on the latest news, reflections, and updates!



On This Day

The First Five OLSH Sisters
Arrive in Australia
1883, Sydney

I did not know what I was before Jesus - the five who set out - I did not know when I was baptised!

With Your Spirit

Matthew 5:1-12
Holy Spirit by which we receive and offer Jesus' own love. Create moments of creative silence in your heart, in your home and here in our family's spiritual home. It is in prayer that we discover who we are, how loved we are.

29 Jan

On This Day

Fr. Hubert Lincens MSC
Birth and Baptism
1861, Netherlands

With the warmth of the sun for the earth, and stars twinkling on earth, so the heart of Jesus is for the soul.

Creator God,
Maker of our human family
You created all human beings
equal in dignity;
pour forth into our hearts
a fraternal spirit
and inspire in us
a dream of renewed
encounter, dialogue,
justice, and peace.
Amen



Save The Date

Laity Of The Chevalier Family Australia National Gathering

22-24 September 2023

St Mary's Towers Retreat Centre, Douglas Park

Join the Australian Council for the Laity of the Chevalier Family for a weekend retreat of spiritual formation, community building, and learning.

To hear about past participant experiences, visit the ACLCF YouTube Channel:

- [Reflection on 2022 Gathering](#)
- [Photos from 2022 Gathering](#)

Heartworks 2023

Heartworks Building, St Mary's Towers Retreat Centre, Douglas Park

Heartworks will resume its monthly gatherings this year. The first one will be Sunday, 5 February 2023.

We hope to get the group back together and welcome new people to join us. Our gatherings are always fun, friendly, and relaxing.

Connect with us on [Facebook](#) or by [email](#).

Hope to see you there!

- Aidan -



Chevalier Family 2023 Calendar

The Laity of the Chevalier Family Australia (LCFA) calendars, produced by Lee Toll, are raising funds to assist the Australian Council of the Laity of the Chevalier Family in supporting its vision, mission, and goals. In 2023, ACLCF is raising money to sponsor people from Pacific countries and Australia to attend the upcoming International Assembly of the Laity of the Chevalier Family and ensure their voice is heard in the Chevalier Family.

To purchase a calendar, complete the [Order Form](#).

To see what the funds will support, [Learn More](#).



Call for Contributions

The Australian Council for the Laity of the Chevalier Family is looking for contributions to social media stories and *From The Heart* to help build connections in the Chevalier Family.

- Hosting a Chevalier Family event?
- Have a Chevalier Family story?
- Know of a Chevalier Family achievement?

Whether a local item or something of national/international significance, send a short paragraph (or sentence) and any photos/images (with permission to be publicly shared) to aus.lcf@gmail.com.

Fundraising

The Australian Council of the Laity of the Chevalier Family has committed to raising funds to support two delegates from Pacific Countries and four from Australia to attend the 4th International Assembly of the Laity of the Chevalier Family held in the Philippines in 2024. Your contribution is one way to express solidarity as part of the Chevalier Family. Download the [Fundraising Appeal Letter](#).

Australian Council of the Laity of the Chevalier Family



[aus.lcf](https://www.facebook.com/aus.lcf)



aus.lcf@gmail.com



[aus.lcf](https://www.instagram.com/aus.lcf)



chevalierlaity.com.au



With deep respect and love, we acknowledge the Aboriginal and Torres Strait Islander people (the traditional custodians of this land) and their Elders - past, present, and emerging.

We support the *Uluru Statement From The Heart* and recognise the importance of ensuring First Nations people have a voice in Australia.



We commit to a "greater love for our Creator, each other, and the home we share". (Laudato Si 14).

We live in the *Spirituality of the Heart* and are called to love and care for Creation.

