



AWAKENING TO AWE'S EMBRACE
WOMEN'S RETREAT

ST MARY'S TOWERS, DOUGLAS PARK

17-18 NOVEMBER 2023





AWE IN THE ORDINARY

“Holiness comes wrapped in the ordinary...
Life wants to lead you from crumbs to angels,
but this can only happen if you are willing to
unwrap the ordinary by staying long enough in
it to harvest it's treasure.”

*‘A Tree Full of Angels: Seeing the Holy in the Ordinary’,
Macrina Wiederkehr*





LIFE REVIEW

“Tell me, what is it you plan to do with
your one wild and precious life.”

‘A Summer Day’, Mary Oliver





INNER AND OUTER WORLD

“Each one of us is the custodian of an inner world that we carry around with us. Now, other people can glimpse it from the way we behave, the way our language is, and particularly the way our face and eyes are. But no one but you knows what your inner world is actually like, and no one can force you to reveal it until you actually tell them about it.”

*‘Walking in Wonder - Eternal Wisdom for a Modern World’,
John O'Donohue*





OUR BIRTHRIGHT IS TO LIVE RICH AND FULL LIVES

“...Your heart will at times get broken by loss, failure, defeat, betrayal, or death... What happens next... depends on how your heart breaks... If it breaks open into greater capacity to hold the complexities and contradictions of human experience, the result may be new life. The heart is what makes us human.”

‘Healing the Heart of Democracy’, Parker Palmer





BLESSING AS YOU PREPARE TO GO BACK TO YOUR LIFE

“That you will go into the heart of God
and find the heart of the world.
That you will go into the world,
and find the heart of God.”

‘Sanctuary of Women’, Jan Richardson





“Reframing life to find awe and beauty in the ordinary was comforting and inspiring.”

“Prioritising myself was a gift. As was the life-giving company of other women who shared themselves.”

Clare Johnson



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