



First Friday Reflection

Apr 2023



TWELVE FIRST FRIDAY STEPS TOWARDS THE LAUDATO SI GOALS



AWARENESS

Pope Francis in his encyclical talks on environmental, economic and social ecology, that clearly respects any human and social dimension, making it synonymous with Ecological economics. He asks us to take into account the environmental impact of any economic concrete undertaking (LS 140)

PRAYER

Lord, Father, enlighten by your Spirit the decision makers and influencers of this world, all those who deal with money and power that they will promote the common good.

Amen.

ACTION

Don't support any economic activity harmful to the planet and the people, invest in renewable energy and promote circular economy. Combat food-waste.

APRIL 2023

image: <https://pixabay.com/photos/demonstration-fridays-for-future-4891275>

Australian Reflection

Australia is one of the world's largest economies and consumer markets. In 2021, it was ranked 12th with a Nominal Gross Domestic Product of A\$2.2 trillion and has 1.7% of the global economy for 0.3% of the world's population (austrade.gov.au).

Quoting Benedict XVI's Caritas in Veritate, Pope Francis reminds us that "every purchase is a moral act" (CV66). It's important to be informed, so learn more about the circular economy and case studies in the Australian Government [Sustainable Procurement Guide](#) and CSIRO [research projects](#).

[Reflect](#) on your purchasing habits and consider what you could change to be more sustainable and ethical. Buy local. Buy items with a long life span and made from sustainable materials - recyclable or biodegradable. Consider whether you need to purchase something. Repair items. Buy second-hand.